

YLANG YLANG OIL

_____Name

_____Date

also called... **Cananga odorata** or **cananga oil**. It contains many chemicals that can sensitize, including methyl anthranilate, linalool, geranyl acetate, methyl benzoate, benzyl acetate, benzyl benzoate, eugenol, *p*-cresol, isoeugenol, E,E-farnesene, delta-cadinene, *p*-methyl anisole, *p*-cresylmethyl ether, and beta-caryophyllene.

What is it?

Ylang-ylang oil is derived from the flower of a tree that grows in Philippine and Indonesian rain forests. It may be added to a product as a moisturizer or a perfume, especially in Oriental, floral, and masculine fragrances.

Where might it be found?

Shower gel, body wash
Facial cleanser
Face scrub, polish
Bar soap
Bath salts, bath oil
Skin peel, exfoliant
Skin toner
Shaving cream, gel
Aftershave
Perfume, cologne
Moisturizer, body oil
Facial moisturizer
Lip balm, lip plumper
Night cream, eye cream
Skin serum, face mask
Anti-wrinkle cream
Hand cream, foot cream
Acne cream
Shampoo
Hair conditioner
Hair styling cream
Sunscreen
Massage oil
Aromatherapy
"Essential oils"
"Botanical" products
"Herbal extracts"

Allergy to ylang-ylang oil may show cross-reactions to benzyl salicylate and geraniol.

How to avoid it:

Avoid using any product that contains **ylang ylang**. Check the label of each product you use to find the *complete* ingredient list. Ylang ylang may be included under one of the names above or as part of added **fragrance**, **essential oil**, or **parfum**. If no ingredient list is present, go to the store and inspect the original box or package. Some products' ingredient lists are available on the internet at the manufacturer's website, the store's website, or websites such as <http://householdproducts.nlm.nih.gov>, <http://www.cosmeticsdatabase.com>, or <http://www.drugstore.com>.

For possible workplace exposure, check the complete ingredient list of each product you encounter, looking for one of the names highlighted above.

If you must come in contact with ylang ylang oil at work or as you care for children, elders, or pets, wear protective gloves made of rubber, nitrile, or vinyl.

Ask your hairdresser, barber, esthetician, masseuse, attendant, nurse, and others involved in your care to avoid using products that contain this allergen on your skin or hair.

By reading ingredient labels, you should be able to avoid this allergen and find safe alternative products that do not contain it.